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Quick-fix solutions to health inequalities are unlikely to be found in complex modern societies. Class or socio-economic status, gender, ethnicity and physical location all play their part in determining our chances of maintaining good health and securing good health care. This wide-ranging discussion by community leaders and workers, policy-makers and implementers, epidemiologists, public health researchers, economists, sociologists, an historian and medical professionals addresses how health inequalities arise and provides ways of understanding and resolving them. The Devil in History is a provocative analysis of the relationship between communism and fascism. Reflecting the author's personal experiences within communist totalitarianism, this is a book about political passions, radicalism, utopian ideals, and their catastrophic consequences in the twentieth century's experiments in social engineering. Vladimir Tismaneanu brilliantly compares communism and fascism as competing, sometimes overlapping, and occasionally strikingly similar systems of political totalitarianism. He examines the inherent ideological appeal of these radical, revolutionary political movements, the visions of salvation and revolution they pursued, the value and types of charisma of leaders within these political movements, the place of violence within these systems, and their legacies in contemporary politics. The author discusses thinkers who have shaped contemporary understanding of totalitarian movements—people such as Hannah Arendt, Raymond Aron, Isaiah Berlin, Albert Camus, François Furet, Tony Judt, Ian Kershaw, Leszek Kolakowski, Richard Pipes, and Robert C. Tucker. As much a theoretical analysis of the practical philosophies of Marxism-Leninism and Fascism as it is a political biography of particular figures, this book deals with the incarnation of diabolically nihilistic principles of human subjugation and conditioning in the name of presumably pure and purifying goals. Ultimately, the author claims that no ideological commitment, no matter how absorbing, should ever prevail over the sanctity of human life. He comes to the conclusion that no party, movement, or leader holds the right to dictate to the followers to renounce their critical faculties and to embrace a pseudo-miraculous, a mystically self-centered, delusional vision of mandatory happiness. Expanded and updated from the Electronic Resources section, The APA style guide to electronic resources outlines for students and writers the key elements with numerous examples. Dissertations and theses; bibliographies; curriculum and course material; reference materials, including Wiki; gray literature, such as conference hearings, presentation slides, and policy briefs; general interest media and alternative presses such as audio podcasts; and online communities, such as Weblog posts and video Weblog posts. Create personal best performance at will—and revel in the achievement! If you have ever watched athletes performing at their best, you have witnessed the power of “the Zone”—that state where everything clicks and

personal and team bests are the norm. In *The Winner's Way*, Dr. Pam Brill tells readers how they, too, can achieve the Zone of top performance, turning goals – whether in the wide world of sports, work or daily life—into positive, results-driving action. With her 3 A's – activation, attention and attitude—Dr. Brill supercedes previous wisdom by systematically bringing together these three crucial elements to hurdle personal obstacles and finish—again and again—always the winner. Out of her years of research on peak performance in sport and work, coaching to elite athletes and top corporations, and teaching at Dartmouth Medical School, Brill, a psychologist, has put together, and field tested, her unique Winner's Way™ system. The Winner's Way offers readers a proven, user-friendly method to identify, engage, and drive strategic change for continual achievement in the face of never-ending challenge. That racing heart and those white knuckles? They're the result of the chemical deluge that ramps activation to high speed—but without proper 3A alignment, this power within can derail attention and attitude. Tunnel vision is no accident. Negative beliefs about self and potential will always get in the way. Plagued instead by listlessness, wandering attention, an apathetic attitude? These are all due to another chemical reaction—with symptoms readers learn to identify and then re-ramp to their best strengths. Throughout *The Winner's Way*, Dr. Brill provides example after example so readers can adapt, according to their personal make-up, the steps to winning achievement that become second nature. On command, our readers will learn to: Change a poor attitude Pull out of a downspin Use language as an arsenal, fortress, and medic "Debrief" from experiences by identifying what was done well—and what should be done differently next time Examine and challenge habitual assumptions . . . plus deploy strategies for dealing with performance anxiety, fear of rejection, technology overload, and more to help recapture their love for the game of life. The Winner's Way is straight forward, makes sense—and it works! Let the game of life begin! On your marks, get set, go! The self-knower has become a hero within many contemporary cultures. This hero goes by various different titles, including the "self-insightful/" the "self-actualized/" the "autonomous and mature/" the "representative of independent thinking/" the "morally virtuous/" and many more. The common denominators of civilization's preoccupation with the self knower are (1) the mundane, popular literature that draws our attention to our "inner being" and (2) the remarkable intensity of therapies and quasitherapies that promise insight into the true core of our inner being. A characteristic example from an extensive, week-or month-long training course would read, "Come because you want to discover your self . . . Through Mr. X [the group leader], we can realize our true identities . . . This gives our lives sense and perspective." We have tried to trace the logic underlying the diverse self-knower movements and have found three common themes underlying them. For one, the varieties of theories and treatments associated with self-knowl edge are interested exclusively in the appearance of the self-knower. Each representative of the self-knower school has its own set of criteria for identifying the self-knowing person, and in tum, each member of the self-knower school represents certain convictions about how individuals should be evaluated. For instance, if someone manifests warmth and charity, that person is likely to be pronounced healthy, adjusted, and self knowing. This authoritative volume reviews the breadth of current scientific knowledge on subjective well-being (SWB): its definition, causes and consequences, measurement, and practical applications that may help people become happier. Leading experts explore the connections between SWB and a range of intrapersonal and interpersonal phenomena, including personality, health, relationship satisfaction, wealth, cognitive processes, emotion regulation, religion, family life, school and work experiences, and culture. Interventions and practices that enhance SWB are examined, with attention to both their benefits and limitations. The concluding chapter from Ed Diener dispels common myths in the field and presents a thoughtful agenda for future research. Includes recommended citation format styles for journals, books, conference publications, patents, audio visuals, electronic information, maps, legal materials, newspaper articles, bibliographies, dissertations, and scientific reports. The opioid epidemic is responsible for longest sustained decline in U.S. life expectancy since the time of World War I and the Great Influenza. In 2017, nearly 50,000 Americans died from an opioid overdose - with an estimated 2 million more living with opioid addiction every day. *The Opioid Epidemic: What Everyone Needs to Know®* is an accessible, nonpartisan overview of the causes, politics, and treatments tied to the most devastating health crisis of our time. Its comprehensive approach and Q&A format offer readers a practical path to understanding the epidemic from all sides: the basic science of opioids; the nature of addiction; the underlying reasons for the opioid epidemic; effective approaches to helping individuals, families, communities, and national policy; and common myths related

to opioid addiction. Written by two expert physicians and enriched with stories from their experiences in the crosshairs of this epidemic, this book is a critical resource for any general reader -- and for the individuals and families fighting this fight in their own lives. This easy-to-use pocket guide, compiled from the sixth edition of the "Publication Manual of the American Psychological Association," provides complete guidance on the rules of style that are critical for clear communication. Too many companies are managed not by leaders, but by mere role players and faceless bureaucrats. What does it take to be a real leader—one who is confident in who she is and what she stands for, and who truly inspires people to achieve extraordinary results? Rob Goffee and Gareth Jones argue that leaders don't become great by aspiring to a list of universal character traits. Rather, effective leaders are authentic: they deploy individual strengths to engage followers' hearts, minds, and souls. They are skillful at consistently being themselves, even as they alter their behaviors to respond effectively in changing contexts. In this lively and practical book, Goffee and Jones draw from extensive research to reveal how to hone and deploy one's unique leadership assets while managing the inherent tensions at the heart of successful leadership: showing emotion and withholding it, getting close to followers while keeping distance, and maintaining individuality while "conforming enough." Underscoring the social nature of leadership, the book also explores how leaders can remain attuned to the needs and expectations of followers. *Why Should Anyone Be Led By You?* will forever change how we view, develop, and practice the art of leadership, wherever we live and work. "Should be read by anyone interested in understanding the future," *The Times Literary Supplement* raved about the original edition of *The Social Life of Information*. We're now living in that future, and one of the seminal books of the Internet Age is more relevant than ever. The future was a place where technology was supposed to empower individuals and obliterate social organizations. Pundits predicted that information technology would spell the end of almost everything—from mass media to bureaucracies, universities, politics, and governments. Clearly, we are not living in that future. *The Social Life of Information* explains why. John Seely Brown and Paul Duguid show us how to look beyond mere information to the social context that creates and gives meaning to it. Arguing elegantly for the important role that human sociability plays, even—perhaps especially—in the digital world, *The Social Life of Information* gives us an optimistic look beyond the simplicities of information and individuals. It shows how a better understanding of the contribution that communities, organizations, and institutions make to learning, working, and innovating can lead to the richest possible use of technology in our work and everyday lives. With a new introduction by David Weinberger and reflections by the authors on developments since the book's first publication, this new edition is essential reading for anyone seeking to understand the human place in a digital world. This book consists of a collection of selected papers presented at the TARC International Conference 2016 held from 17 to 18 October, 2016. It offers a tool for empowering schools and teachers as a way forward for transforming education. Until now, there has only been a shallow understanding of how the leadership actions of project managers interact with ethics and social responsibility. Empirical research into this subject has been sparse. *Responsible Leadership*, by Nicholas Clarke, Alessia D'Amato, Malcolm Higgs, and Ramesh Vahidi is the first study to investigate how the relationships among managers, team members, and other stakeholders can bring about personal and ethical conflicts that impact decision making. In this groundbreaking book, the authors explore how those who serve as leaders on projects can exercise their roles in ways that respond to the ever-increasing need for ethical decision making. They examine the factors that enable and constrain responsible leadership, looking at the issues faced by project managers as they interact with team members and other stakeholders. *Responsible Leadership* also provides new insights into how project managers view the moral implications of conflicts that occur as they conduct their work and is a valuable addition to the project management toolkit. The present book contains the proceedings of two conferences held at the World Computer Congress 2010 in Brisbane, Australia (September 20–23) organised by the International Federation for Information Processing (IFIP). In the first part, the reader can find the proceedings of the 9th Human Choice and Computers International Conference (HCC9) organised by the IFIP Technical Committee TC9 on the Relationship Between ICT and Society. The HCC9 part is subdivided into four tracks: Ethics and ICT Governance, Virtual Technologies and Social Shaping, Surveillance and Privacy, and ICT and Sustainable Development. The second part consists of papers given at the Critical Information Infrastructure Protection Conference (CIP) organized by the IFIP Technical Committee TC11 on Security and Privacy Protection in Information Processing Systems. The

two parts of the book are introduced by the respective Conference Chairs. Chapter 1 introduces HCC9, providing a short summary of the HCC conference series, which started in 1974, and explaining the overview of HCC9, detailing the rationale behind each of the tracks in this conference. The details related to the papers of each track are discussed by the Track Chairs in the respective introductions to the specific tracks of HCC9 (Chaps. 2, 10, 16 and 22). Finally, Chap. 22 introduces the CIP part. Modern Methods in Protein Nutrition and Metabolism grew out of a series of seminars (Modern Views in Nutrition) held in 1989 at Iowa State University. These seminars and this book were financed primarily through the Wise and Helen Burroughs Lectureship endowment generously established by the late Dr. Wise Burroughs and his wife Helen. This book comprises 12 chapters, and begins with a focus on amino acid analysis in food and physiological samples. Succeeding chapters go on to discuss concepts and techniques on nitrogen balance; determination of the amino acid requirements of animals; and novel methods for determining protein and amino acid digestibilities in feedstuffs. Other chapters cover measurement of protein digestion in ruminants; evaluation of protein status in humans; surgical models to measure organ amino acid metabolism in vivo; and measurement of whole-body protein content in vivo. The remaining chapters discuss estimation of protein synthesis and proteolysis in vitro; isotopic estimation of protein synthesis and proteolysis in vivo; n-glycine as a tracer to study protein metabolism in vivo; and mathematical models of protein metabolism. This book will be of interest to practitioners in the fields of human nutrition and medicine.

Controlling Uncertainty: Decision Making and Learning in Complex Worlds reviews and discusses the most current research relating to the ways we can control the uncertain world around us. Features reviews and discussions of the most current research in a number of fields relevant to controlling uncertainty, such as psychology, neuroscience, computer science and engineering. Presents a new framework that is designed to integrate a variety of disparate fields of research. Represents the first book of its kind to provide a general overview of work related to understanding control. This edited volume fills the gap in the literature on a crucial--but hitherto largely ignored--aspect of psychotherapy: the corrective experience as a harbinger of transformative change in the client. Written for the therapist as well as the researcher in psychotherapeutic process and outcome, Transformation in Psychotherapy will appeal to scholars and graduate students specializing in psychotherapy. Provides information on stylistic aspects of research papers, theses, and dissertations, including sections on writing fundamentals, MLA documentation style, and copyright law. Designed specifically for undergraduate writing, this easy-to-use pocket guide provides complete guidance for new writers on effective, clear, and inclusive scholarly communication and the essentials of formatting papers and other course assignments. One of the pathways by which the scientific community confirms the validity of a new scientific discovery is by repeating the research that produced it. When a scientific effort fails to independently confirm the computations or results of a previous study, some fear that it may be a symptom of a lack of rigor in science, while others argue that such an observed inconsistency can be an important precursor to new discovery. Concerns about reproducibility and replicability have been expressed in both scientific and popular media. As these concerns came to light, Congress requested that the National Academies of Sciences, Engineering, and Medicine conduct a study to assess the extent of issues related to reproducibility and replicability and to offer recommendations for improving rigor and transparency in scientific research. Reproducibility and Replicability in Science defines reproducibility and replicability and examines the factors that may lead to non-reproducibility and non-replicability in research. Unlike the typical expectation of reproducibility between two computations, expectations about replicability are more nuanced, and in some cases a lack of replicability can aid the process of scientific discovery. This report provides recommendations to researchers, academic institutions, journals, and funders on steps they can take to improve reproducibility and replicability in science. This book constitutes the thoroughly refereed post-conference proceedings of the 12th International Conference on Learning and Intelligent Optimization, LION 12, held in Kalamata, Greece, in June 2018. The 28 full papers and 12 short papers presented have been carefully reviewed and selected from 62 submissions. The papers explore the advanced research developments in such interconnected fields as mathematical programming, global optimization, machine learning, and artificial intelligence. Special focus is given to advanced ideas, technologies, methods, and applications in optimization and machine learning. Saving lives through organ transplantation has become increasingly possible thanks to advances in research and care. Today, the complex field of transplantation continues to develop rapidly, fuelled by demographic

change and further evolutions in scientific understanding. The Oxford Textbook of Transplant Anaesthesia and Critical Care has been written and edited by pioneers in the field of organ transplantation with an international team of authors, in order to equip anaesthetists and intensivists with the knowledge and training necessary to provide high quality and evidence-based care. The text addresses fundamentals aspects of scientific knowledge, care of the donor patient, transplant ethics and special considerations. Dedicated sections address each of the major organs; kidney, pancreas, liver, heart and lung, intestinal and multivisceral. Within each organ-based section, expert authors explore underlying disease, planning for transplantation, specialized procedures, perioperative and critical care management as well as post-transplant considerations. Focus points for future developments in transplant immunology are also set out, inspiring current practitioners to engage with current clinical research and help participate in the further advancement of the science of transplantation. The print edition of the Oxford Textbook of Transplant Anaesthesia and Critical Care comes with a year's access to the online version on Oxford Medicine Online. By activating your unique access code, you can read and annotate the full text online, follow links from the references to primary research materials, and view, enlarge and download all the figures and tables. This uniquely integrative handbook provides a comprehensive account of current theory, research, and clinical practice in the area of body image and body image disorders. The volume's 57 concise chapters have been contributed by internationally recognized experts from diverse mental health, medical, and allied health care disciplines. Authors review the nature and functions of body image; examine psychological, social-contextual, and physical influences on body image experiences; and present effective ways to assess, alleviate, and prevent body image-related suffering. Capturing the richness and complexity of the field in a readily accessible format, every chapter concludes with an informative annotated bibliography.

Communication in Autism adopts a multidisciplinary approach to explore one of the most common developmental disorders associated with communication impairment. Perhaps the most fascinating thing about communication in autism is that variation is as extreme as it could possibly be. While some individuals with autism have age-appropriate language, a number have exceptional language skills; others have little or no spoken language. In between these extremes are individuals who experience significant linguistic impairments. These impairments can affect peer relations and literacy skills. The chapters in this volume provide comprehensive coverage of both the theoretical underpinnings and the practical aspects of autistic communication. The result is a volume that showcases the wide range of methodologies being used in this field of research. It is invaluable for scientists, service providers, parents, individuals with autism, and students learning about communication and autism (e.g., in psychology, speech pathology, and education). With few exceptions, scholarship on creativity has focused on its positive aspects while largely ignoring its dark side. This includes not only creativity deliberately aimed at hurting others, such as crime or terrorism, or at gaining unfair advantages, but also the accidental negative side effects of well-intentioned acts. This book brings together essays written by experts from various fields (psychology, criminal justice, sociology, engineering, education, history, and design) and with different interests (personality development, mental health, deviant behavior, law enforcement, and counter-terrorism) to illustrate the nature of negative creativity, examine its variants, call attention to its dangers, and draw conclusions about how to prevent it or protect society from its effects. This revision of a well-loved text continues to embrace the confluence of person, environment, and occupation in mental health as its organizing theoretical model, emphasizing the lived experience of mental illness and recovery. Rely on this groundbreaking text to guide you through an evidence-based approach to helping clients with mental health disorders on their recovery journey by participating in meaningful occupations. Understand the recovery process for all areas of their lives—physical, emotional, spiritual, and mental—and know how to manage co-occurring conditions. Health professionals provide care to patients of differing religions and cultures, and knowledge of their cultural and religious background, way of life and beliefs and practices is vital to delivering sensitive and responsive care. This revised and updated guide provides practical and comprehensive information on each of the major faiths, providing an accessible reference for appropriate day to day care of patients in multicultural societies. Healthcare professionals, including doctors, nurses, midwives, healthcare assistants, physiotherapists, psychologists, hospital chaplains and administrative staff will find it an indispensable ready reference. Action learning is a continued process of learning and reflection with the support of a group of colleagues, working on real issues. The action learning method is increasingly used to bring innovation to many

different fields of work. The principles of action learning can achieve improvement and transformation in a wide range of applications and disciplines, including professional training and educational contexts. This book is a comprehensive guide to action learning which maintains an accessible, practical focus throughout. It is packed with useful resources, including case studies and ideas for workshop sessions. Key topics covered include: * action learning in professional and educational settings * setting up, facilitating and evaluating an action learning programme * the roles and skills required to practice successfully * use of action learning in relation to the individual, the group and the organization * the role of reflection; and action learning theory. Newcomers to the area of action learning will find this an essential introduction which can be put to use straight away, while more experienced practitioners seeking a deeper understanding will value the thorough analysis of action learning theory. The employee development methods used by organizations to enhance the skills of their workforce and prepare targeted employees for leadership roles are examined in this report. A variety of methods, such as mentoring, coaching, and succession planning, are identified and gauged for effectiveness by human resource professionals. Researched in conjunction with Catalyst, a leading research and advisory organization working with businesses to build inclusive environments and expand opportunities for women at work, this study addresses how organizations encourage women, racial and ethnic minorities, and other groups to move up the corporate ladder. On the day of her father's funeral, twenty-eight-year-old Clarissa Iverton discovers that he wasn't her biological father after all. Her mother disappeared fourteen years earlier, and her fiancé has just revealed a life-changing secret to her. Alone and adrift, Clarissa travels to mystical Lapland, where she believes she'll meet her real father. There, at a hotel made of ice, Clarissa is confronted with the truth about her mother's history, and must make a decision about how—and where—to live the rest of her life. This issue will focus on treatments for Chronic Rhinosinusitis. Dr. Wyste Fokkens guest edits topics such as: "Inflammatory mechanisms in chronic rhinosinusitis with or without nasal polyposis," "European versus Asian Chronic rhinosinusitis. What did it teach us and what do we want to know," "Epithelium, cilia and mucus, their importance in chronic rhinosinusitis Noam Cohen Noam," "Aspirin intolerance: does desensitization alter the course of the disease," "Anti-inflammatory effects of macrolides: applications in CRS," and more! The Publication Manual of the American Psychological Association is the style manual of choice for writers, students, and educators in the social and behavioral sciences, nursing, education, business, and related disciplines. In this magnificent, heart-wrenching book--hailed Best Book of 1993 by the New York Times Book Review and USA Today--acclaimed naturalist and National Book Award winner George B. Schaller documents the plight of the mysterious panda--and urgently calls for the compassion needed to save these gentle animals from extinction. Includes a new Preface for this edition. 27-color plates. The third edition of this award-winning textbook has been revised and thoroughly updated. Building on the success of the previous editions, it continues to address the history and practice of forensic psychiatry, legal regulation of the practice of psychiatry, forensic evaluation and treatment, psychiatry in relation to civil law, criminal law and family law, as well as correctional forensic psychiatry. New chapters address changes in the assessment and treatment of aggression and violence as well as psychological and neuroimaging assessments. In 1975, Marilyn Waring was elected to the New Zealand Parliament as the MP for Raglan. Aged just twenty-three, she was one of only a few female MPs who served through the turbulent years of Muldoon's government. For nine years, Waring was at the centre of major political decisions, until her parliamentary career culminated during the debate over nuclear arms. When Waring informed Muldoon that she intended to cross the floor and vote for the opposition bill which would make New Zealand nuclear free, he called a snap election. And the government fell. . . This is an autobiographical account of Waring's extraordinary years in parliament. She tells the story of her journey from being elected as a new National Party MP in a conservative rural seat to being publicly decried by the Prime Minister for her 'feminist anti-nuclear stance' that threatened to bring down his government. Her tale of life in a male-dominated and relentlessly demanding political world is both uniquely of its time and still of pressing relevance today. Provides information on stylistic aspects of research papers, theses, and dissertations, including sections on writing fundamentals, MLA documentation style, and copyright law.